

# WARWICK TOWN COUNCIL

## APPLICATION FORM

### COMMUNITY FUNDING



- Please read Guidelines Parts 1 & 2 before completing the form.
- Closing date for applications: 10 days prior to Committee Meeting.
- Applications must be countersigned by the supporting Town Councillor
- Warwick Town Council encourages applicants to have other partners, groups or charities supporting financially to the cost of the project.
- Grants under €3,000 will go forward for approval by the committee.
- Grants more than €3,000 will be taken to the committee for recommendation and then to the following Full Town Council meeting for final decision.

If you can tick ALL the boxes below you are eligible to apply for a grant

- ✓ Your group has got a bank account (we cannot pay money into individual's accounts)
- ✓ Your group is non-profit making, i.e. a registered charity, a voluntary or community group, or a club or society
- ✓ Your project will benefit people in Warwick (CV34)
- ✓ Your project requires a one-off payment (we cannot provide ongoing funding)
- ✓ Your project has not already started or been completed

N/A Your application includes at least 3 comparison quotes to demonstrate best value for money (where applicable)

Section 6 of this application, Town Councillor Declarations, must be completed before submitting your application to the office.

Section 1: Contact Details	
Name of group/organisation applying	Parenting Project
Contact details of person completing the application form This person is responsible for: providing information if requested & receiving the grant money if awarded & signing the	Name: Emma Smith
	Email address: emma.smith@parentingproject.org.uk
	Telephone number: 07792969245

grant agreement providing evaluation/feedback and ensuring a representative is available to present at our Annual	Postal address: Head Office St John's Family Wellbeing Centre
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Town Meeting, should the application be approved	Mortimer road, Kenilworth, CV8 1FS
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## Section 2: Group/Organisation Details

Briefly explain what your group/organisation does (e.g. — youth club, charity) & your aims and objectives	<p>Parenting Project deliver mental health and wellbeing support for parents, children and young people.</p> <p>Our aims and objectives are; to improve life experiences and outcomes of children, young people and their families by providing individual support at a time when it is most needed.</p> <p>Support is provided through our Family Wellbeing Pathway which includes; 1-1 counselling for parents, family wellbeing support, group work and volunteer Parent Mentor's.</p>
Please provide the charity & VAT number for your group, if applicable	<p>Charity number: 1125291</p> <p>We are not VAT registered</p>
	Members / service users

How many people are currently involved in your group /organisation?	<p>Women (18+) =</p> <p>Men (18+) =</p> <p>Girls (0-17) =</p> <p>Boys (0-17) =</p> <p>We received 60 referrals and following assessment 29 parents have accessed counselling in Warwick.</p> <p>We have supported 34 parents through a Volunteer Parent Mentor in Warwick over the last 12 months.</p> <p>We are delivering 1-1 support and group work in 6 schools in Warwick. 130 children have accessed group work in Warwick over the last 12 months.</p> <p>In the last year over 60 families in Warwick have accessed our family wellbeing team for information, advice, support, parenting programmes etc.</p>
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	<p>We have continued to experience a rise in referrals and levels of complexity of need families are presenting with.</p> <p>Staffing</p> <p>Paid staff = 15</p> <p>Volunteers = 65</p> <p>Staffing</p>
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Section 3: Project Information	
Project Title / Event	Warwick CV34, Family Wellbeing Pathway

<p>Tell us about your project</p> <p>This should describe what you want to do with the money</p> <p>Planned timescales and start date of project</p> <p>Who the project will benefit and what age groups?</p> <p>Location — where will your project be based?</p>	<p>We are seeking funding for our Warwick CV34 Family Wellbeing Pathway.</p> <p>Through funding from the charity of Thomas Oaken and Nicholas Eyffler which commenced in September 2020, we have been delivering our Warwick Family Wellbeing Pathway, which includes 1-1 counselling for parents up to 18 sessions, Family Wellbeing Support which provides families with direct support, parenting programmes, emotional support, advocacy, signposting and referrals to other appropriate organisations. Group Work, which includes baby massage, parenting groups and also friendship groups, resilience groups, beating anxiety and lego based therapy for school aged children. Parent Mentoring, our Mentors are volunteers who offer emotional and practical support with families.</p> <p>The services are being delivered in a blended approach to suit the client, therefore it may be face to face, via telephone or zoom. We have access to community venues in Warwick where we meet with families and they are able to access counselling at the venue. For Example Westgate Children and Families Centre, The Gap and Packmores Centre.</p> <p>We have good working relationships with a number of Warwick Primary school's, Aylesford school and Myton school, who are accessing our friendship groups, resilience groups, lego based therapy and Positive Relationships groups.</p> <p>We are seeking funding to enable us to increase capacity within the Pathway. At our last 6 month review with the charity of Thomas Oken and Nicholas Eyffler in March 2023, we identified that we are exceeding targets and holding waiting for parents to access counselling and for a Parent Mentor.</p> <p>The work in schools has greatly exceeded our expectations and local schools are requesting additional groups, due to the high level of need being demonstrated by pupils who have been impacted by the disruption</p>
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	<p>of the Pandemic, periods of isolation and lack of routine with respect to accessing school and socialising with peers. We have needed to be in schools for 4/5 hours a week to deliver groups, to support children in accessing school, explore anxiety, bullying and mental health.</p> <p>Demand for the pathway by professionals and parents has far exceeded our expectations, due in part to the impact of the Covid 19 Pandemic and the current cost of living crisis which is extremely challenging and has impacted families significantly due to increased pressure on: finances, debt, housing, anxiety, mental health, pressure on employment, managing children's behaviour, break down in relationships.</p> <p>We have had an unprecedented increase in numbers of parents who are presenting with suicide ideation, and self harm. In March 2023 we identified that 47% of parents in counselling have current or historical ideation of suicide, we are counselling parents who are actively planning suicide and cite that counselling is supporting them to consider they have a future.</p>
<p>How do you know there is a need for the work covered by your grant application?</p> <p>Describe the evidence you have got and the source (e.g survey, statistical data etc)</p>	<p>Mind and NHS research in 2019 stated that 1 in 4 parents experience mental health which impacts their own and their families' mental health and wellbeing, The NSPCC helpline between April 2020 and January 2021 received a 44% increase in calls, from adults about paternal mental health.</p> <p>1 in 6 school aged children now have a diagnosable mental health disorder, an increase from 1 in 9 in 2017 (NHS study 2021). Effective support from an early stage not only helps children and young people cope with challenging life circumstances, but can also prevent problems from escalating and becoming more serious in adolescence and adulthood.</p> <p>The foodbank in Warwick District gave out over 7350, 3 day food parcels in 2021, 1 in 5 people in the UK live below the poverty line.</p> <p>The number of children in England needing treatment for serious mental health problems has risen by 39% in a year. Within NHS research they have identified that the pandemic, social inequality, austerity and online harm are all fuelling a crisis in which NHS, mental health treatment referrals for under-18s have increased to more than 1.1m in 2021-22. The figures include children who are suicidal, self-harming, suffering serious depression or anxiety, and those with eating disorders.</p> <p>Within the Parenting Project we are supporting an unrepresented amount of parents, children and young people for whom Mental Health is having a significant impact on their daily lives, lived experience and outcomes.</p> <p>Within our monitoring report of the Family Wellbeing Pathway delivery in Warwick we have identified the following areas:</p>

	<p>Domestic abuse is high in the area and continues to rise.</p>
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	<p>47% parents in counselling have had ideas of suicide and selfharm. (March 2023)</p> <p>The amount of time we need to support families is longer due to complexity.</p> <p>Historic childhood trauma and abuse is present in the majority of parent's experiences.</p> <p>High levels of intergenerational trauma, impact of parents trauma on their own children. In counselling over half of the parents experienced trauma / neglect or abuse.</p> <p>Children/teenagers are displaying difficult behaviours, including anger, poor communication, fear, isolation and aggression. % of parents in counselling shared that their own children experience mental health issues/CAMHS/Diagnosis. The majority of families we are working and live in rented accommodation.</p> <p>Difficult situations have worsened because of the pandemic, the full impact of the pandemic is still being understood from a Mental Health perspective.</p> <p>Demand for support through the pathway is higher than expected, we have exceeded targets and are holding waiting lists for Counselling and Parent Mentors.</p> <p>Schools have responded well to our group work and are requesting additional sessions, due to the high levels of need being presented by children, following the disruption of the pandemic.</p>
Partnership Working v/ What other partners are involved in the project and what are their contributions?	<p>Referrals to the Parenting Project are received from Parents, Social Care, Early Help Team, Targeted Services, Perinatal Mental Health Team, Health Visitors, Family Information Service, IAPT/RISE, Strengthening Families Team, Schools, voluntary organisation's; Barnardo's, The Gap, Social Prescribers. Parents also self refer.</p> <p>Through the development of the Family Wellbeing Pathway in Warwick, we have dedicated time to share information about the service with key professionals and organisations, attending network meetings, team meetings, emailing and having phone conversations with professionals. We also share fliers which have been directly distributed to families.</p>

Equality of access  How will you ensure that your project is open to all or, if you are focusing on a specific group or community that the target	<p>The pathway is open to any parent / family in Warwick (CV34), who either identify themselves or are referred by a known professional for support.</p> <p>The services we deliver are on a voluntary basis, so parents, children and young people need to want to access the service of their own free will.</p>									
audience will have access to the project?	Information will be shared via key partners, school, our own website, Facebook and newsletter and WCC Family Information Service website and newsletter, we will also share fliers in community venues in the area.									
What economic or community-based need does your grant aim to fulfil?	The Family Wellbeing Pathway aims to assist families to improve their mental health and wellbeing, deal with their problems, develop resilience, gain community links, reduce isolation and move forward when they are experiencing difficult times and circumstances in their lives.									
What age group(s) will benefit from the project?	<p>Tick/indicate all that apply:</p> <table><tr><td>0-8</td><td>15-24</td><td>25-35</td></tr><tr><td></td><td>66+</td><td></td></tr><tr><td>36-50</td><td>51-65</td><td></td></tr></table> <p>Family Wellbeing Pathway is for families of children aged 0-19 / 25 SEND, Carers/ Grandparents are also able to access the pathway where they are the main carer for the child/young person.</p>	0-8	15-24	25-35		66+		36-50	51-65	
0-8	15-24	25-35								
	66+									
36-50	51-65									

How will it be monitored for success?	<p>Parents complete either a full or part Core 34 Outcomes Measure Questionnaire at the beginning, middle and end of support, this enables us to monitor 4 key areas: Subjective well-being, Problems/symptoms, Life functioning, Risk/harm.</p> <p>We gather formal and informal feedback from clients and referrers, seek quotes and complete case studies.</p> <p><a href="https://www.coreims.co.uk/About Core System Outcome Measure.html">https://www.coreims.co.uk/About Core System Outcome Measure.html</a></p> <p>We anticipate the following outcomes could be achieved: ■</p> <p>Reduction in isolation</p> <ul style="list-style-type: none"> <li>■ Increase in parenting knowledge and skills <ul style="list-style-type: none"> <li>Increased emotional wellbeing</li> <li>Children are safer</li> <li>Improved family circumstances e.g. budget, finances, home organisation</li> </ul> </li> <li>■ Improved confidence in parenting skills and activities</li> <li>■ Reduction in loneliness and isolation <ul style="list-style-type: none"> <li>Increased ability in decision making</li> <li>Increased independence</li> <li>Raised awareness of local services</li> <li>Raised ability to identify problems and deal with them independently</li> <li>Improved school attendance</li> <li>Parents have increased emotional confidence to achieve 'good enough' parenting.</li> <li>Parents develop healthy relationships</li> </ul> </li> </ul>
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	<p>Parents have increased awareness of their mental health.</p> <p>Parents have strategies to support their mental health.</p> <p>Parents have processed their experiences and have improved mental health and wellbeing which develops their resilience'</p>
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Section 4: Financial Details		
How much money are you requesting from Warwick Town Council?	<p>Total amount applied for E5,000</p> <p>Funding request has been prioritised to enable us to increase capacity for counselling and parent mentors as we are holding a waiting list for these services in Warwick and mana in referrals a ainst current ca acit</p>	
	ITEM	COST

Please provide a simple itemised breakdown of how this money will be spent	Counselling: Recruitment, induction, 1-1 mentoring, group supervision of 3 counsellors, referral management, assessment of parents and matching to a counsellor and review. This funding would enable us to provide counselling for 12 parents over the year.	E3,000
	Parent Mentoring: Recruitment, induction, 3 days training, 1-1 supervision and group supervision of 4 Parent mentors, referral management, assessment of family and matching to a parent mentor and review. This funding would enable us to provide support for 10 families, over the year	E2,000
	TOTAL:	E5,000
Is this the total cost of the project?	No	
If no, please give details of funds raised or applied for from other partners, agencies, groups etc:	<u>Other funds applied for/secured (including amount):</u> E31 ,400 Thomas Oken and Nicholas Eyffler Charity, secured for 2022/23, we are applying for further funds from September 2023.  Warwick County Councillors round 2 Grant - E3,025 for Parent Mentoring across Warwick District secured.	
	King Henry 8 <sup>th</sup> Endowed Trust for E5,000 - Counselling Parents, Secured March 2023.  Due to the demand in referrals, we are seeking funding to increase our capacity and enable more families and schools to be able to access support through the Warwick CV34 Family Wellbeing Pathway.	

What is the total cost of the project / event?	Total cost 250,400
<b>Section 5: Declarations</b>	
Signature of main contact person	E Smith
Date form completed	30/3/2023

This section must be completed before submitting your application to the office. 'Councillors Funding

Application' form must also be completed by the supporting Town Councillor to indicate their support and submitted at the same time as this completed application.

<b>Section 6: Town Councillor Declarations</b>	
Town Councillor supporting the project (name)	Cllr Terry Morris
Have you been or will be actively involved in this project?	Indirectly, as a Trustee of The Charity of Thomas Oken and Nicholas Eyffler
Town Councillor's signature	
Date:	04/04/23
Town Councillor's additional comments (if applicable)	The Parenting Project delivers a fantastic service to those who are in need of help and support

Completed forms and any supplementary sheets should be sent to:

Warwick Town Council  
Court House  
Jury Street  
WARWICK  
CV34 4EW

Electronic Copies: [clerk@warwicktowncouncil.org.uk](mailto:clerk@warwicktowncouncil.org.uk)

# WARWICK TOWN COUNCIL

## COUNCILLORS FUNDING APPLICATION

This form must be completed by the supporting Town Councillor, and submitted at the same time as the grant application form, to indicate their support of the application



### Section 1: Application Details

Name of Organisation	Parenting Project
Project / Event	Warwick CV34, Family Wellbeing Pathway
Amount Requested	£5,000
Application Received Date	30/03/23

### Section 2: Does the Application;

Improve services for under 18's or the elderly?	Under 18's are supported as part of this project
Include public involvement?	No
Offer equal opportunities?	Yes
Cover a deprived area in Warwick?	Yes
Why do you feel Warwick Town Council should support this application?	The need for these services is, sadly, increasing. Parenting Project have a proven track record of supporting families in need and require funding to continue / expand their services

### Section 3: Previous Applications

Has the group / organisation previously applied for funding from Warwick Town Council?	Yes
If yes, please give details of their previous application — date of application, amount requested, project / event, was their application successful?	WTC provided a grant of £5,000 in April 2022

I support this grant application and will attend the upcoming Committee Meeting to represent this application and answer any questions that may arise

Cllr. Terry Morris

04/04/23

Name of Councillor

Signature

Date