

# WARWICK TOWN COUNCIL

## APPLICATION FORM COMMUNITY FUNDING



- Please read Guidelines Parts 1 & 2 before completing the form.
- Closing date for applications: 10 days prior to Committee Meeting.
- Applications must be countersigned by the supporting Town Councillor
- Warwick Town Council encourages applicants to have other partners, groups or charities supporting financially to the cost of the project.
- Grants under £3,000 will go forward for approval by the committee.
- Grants more than £3,000 will be taken to the committee for recommendation and then to the following Full Town Council meeting for final decision.

**To be eligible to apply for a grant you must be able to answer YES to all of the questions below**

- Yes            Your group has got a bank account as we can only pay grant monies into an applicant's bank account
- Yes            Your group is non-profit making, i.e a registered charity, a voluntary or community group, or a club or society
- Yes            Your project will benefit people in Warwick (CV34)
- Yes            Your project requires a one-off payment (we cannot provide ongoing funding)
- Yes            Your project has not already started or been completed
- N/A            Your application includes at least 3 comparison quotes to demonstrate best value for money (where applicable)

**Section 6 of this application, Town Councillor Declarations, must be completed before submitting your application to the office.**

<b>Section 1: Contact Details</b>	
Name of group/organisation applying	The Gap, also known as The Warwick Percy Estate Community Projects Ltd.
Contact details of person completing the application form  This person is responsible for:  • providing information if requested	Name Kathy Wheeler
	Email address <a href="mailto:kathy.wheeler@thegapwarwick.org">kathy.wheeler@thegapwarwick.org</a>
	Telephone number 01926 494200

<ul style="list-style-type: none"> <li>• receiving the grant money if awarded</li> <li>• signing the grant agreement</li> <li>• providing evaluation/feedback and ensuring a representative is available to present at our Annual Town Meeting, should the application be approved</li> </ul>	<p>Postal address</p> <p>The Gap community centre</p> <p>39 Oakwood Grove</p> <p>Warwick</p> <p>CV34 5TD</p>
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<b>Section 2: Group/Organisation Details</b>											
<p>Briefly explain what your group/organisation does (e.g. – youth club, charity) &amp; your aims and objectives</p>	<p>The Gap's aim and role is to build stronger communities in Warwick, helping to end loneliness, and social and financial isolation, by providing a friendly, inclusive community centre, and running low-cost social activities and services for disadvantaged children and young people, the elderly, and hard-to-reach members of the community.</p> <p>Our mission is to promote community togetherness and personal fulfilment by providing a safe and welcoming community centre where people can meet and participate in social and physical activities; support groups; volunteering and learning; to enhance quality of life.</p> <p>Our vision is a vibrant, happy community filled with respect, compassion, and confidence, where aspirations are realised, and friendships thrive.</p> <p>For this application we would like to apply for the Gap Goldies weekly companionship and wellbeing activity programme for older adults, to help elderly people in Warwick remain independent, improve physical health, mobility, and emotional wellbeing, and reduce social isolation and loneliness.</p>										
<p>Please provide the charity &amp; VAT number for your group, if applicable</p>	<p>Registered charity number 1086640</p>										
<p>How many people are currently involved in your group /organisation?</p>	<table border="1"> <tr> <th colspan="2" data-bbox="671 1736 1495 1780"> <b>Members / service users – Older Adults Gap Goldies</b> </th> </tr> <tr> <td data-bbox="671 1780 1037 1825">Women (18+) = 53</td> <td data-bbox="1037 1780 1495 1825">Men (18+) = 11</td> </tr> <tr> <td data-bbox="671 1825 1037 1870">Girls (0-17) = 0</td> <td data-bbox="1037 1825 1495 1870">Boys (0-17) = 0</td> </tr> <tr> <th colspan="2" data-bbox="671 1870 1495 1915"> <b>Staffing</b> </th> </tr> <tr> <td data-bbox="671 1915 1037 1989">Paid staff = 4</td> <td data-bbox="1037 1915 1495 1989">Volunteers = 16</td> </tr> </table>	<b>Members / service users – Older Adults Gap Goldies</b>		Women (18+) = 53	Men (18+) = 11	Girls (0-17) = 0	Boys (0-17) = 0	<b>Staffing</b>		Paid staff = 4	Volunteers = 16
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### Section 3: Project Information

Project Title / Event	The Gap Goldies Winter Warmer Companionship and Support Project
<p>Tell us about your project</p> <ul style="list-style-type: none"><li>• This should describe what you want to do with the money</li><li>• Planned timescales and start date of project</li><li>• Who the project will benefit and what age groups?</li><li>• Location – where will your project be based?</li></ul>	<p>We would like to apply for community funding to help us run The Gap Goldies Winter Warmer Companionship and Support Project, which will provide services for vulnerable, lonely and isolated elderly people, for 12 weeks from 8th January 2024 to 29<sup>th</sup> March 2024, to support them during the cold, dark, winter months, and encourage them to leave the house and see people, benefitting their mental health and wellbeing, as well as boosting their physical health and overall quality of life.</p> <p>The project will benefit 80 older adults over 60, average age 77, the oldest is 98!, widowed and living alone with long-term health conditions, to help them through the winter months by having a warm, safe place to go for companionship and support to stay independent. We are also expecting to launch a new indoor short mat bowling activity aimed at attracting more elderly men, which we anticipate will reach at least 16 new men.</p> <p>The project will be mainly run from The Gap community centre at 39 Oakwood Grove, Warwick benefitting residents from All Saints and Woodloes, and Emscote in Warwick North, and Saltisford in Warwick West. Many are living in pockets of deprivation amongst mixed housing, and some are from Packmores, the most deprived estate in Warwick, and amongst the 30% most deprived neighbourhoods in the country according to the Index of Multiple Deprivation. Our activities are easily accessible as the community centre is two minutes walk from a bus stop at the Chantry shops on the number 1 bus route. We also run two outreach activities at local churches, at All Saints and St Paul's.</p> <p>The Gap Goldies Winter Warmer Companionship and Support Project programme includes:</p> <p>Computer Café – friendly, smart phone and tablet support, to keep in touch, and for online shopping.</p> <p>Memory Café Plus – for those coping with memory loss and dementia, the 'cared for' and 'carer', at All Saints Church.</p>

	<p>Live Life – wellbeing group with gentle seated exercise, friendly chat, crafts, talks, and quizzes.</p> <p>Lunch Club and Bingo – home-made, two-course, hot meal to ensure our beneficiaries eat at least one hot meal a week, plus Bingo.</p> <p>Knit ‘n’ Natter – a friendly group to learn, grow a skill and meet people.</p> <p>Activitea – outreach social group at St Paul’s Church, including a light lunch, chat, crafts, board games, and gentle seated exercise.</p> <p>CommuniTea - support with cost-of-living concerns.</p> <p>New! Indoor bowling – gentle exercise for older men.</p>
<p>How do you know there is a need for the work covered by your grant application?</p> <ul style="list-style-type: none"> <li>Describe the evidence you have got and the source (e.g survey, statistical data etc)</li> </ul>	<p>We know from talking to partners, and social prescribers there is an increasing demand for older adult social activities in Warwick where isolated and lonely older adults have been a growing concern. More than a third of over 65’s in Warwick, approximately 3,000 people, said they were lonely according to a report by Warwickshire County Council.</p> <p>Our beneficiary’s stories substantiate this. This includes Barbara (names have been changed), 73, who, before coming to The Gap, was socially isolated in a rural community with mild dementia and dyslexia and has since grown in confidence and learnt to trust people again; and Cynthia, 78, traumatically widowed and withdrawn, who is now more outgoing and a regular at two of our activities.</p> <p>Last year we conducted our own survey amongst 23 older adults, which backed up the Council findings. More than a third, 35% of 23 older adults who returned questionnaires, said they felt isolated from others some or all of the time, 30% said they felt left out some or all of the time, and 43% said they felt they lacked companionship some or all of the time. The happy news was that 96% said they felt more connected and / or had made new friends by coming to Gap-run older adults’ activities, and 87% said they felt by attending activities it had improved their mental health and wellbeing.</p>

	<p>Feedback has included, "All activities I go to are at The Gap. It has changed my life entirely," and "Coming to The Gap has helped me so much. The help I've received has made it easier for me to leave the house and make friends."</p>
<p>Partnership Working</p> <ul style="list-style-type: none"> <li>• What other partners are involved in the project and what are their contributions?</li> </ul>	<p>The partners involved are All Saints Church and St Paul's Church. We run Memory Café + in partnership with All Saints, and Activitea in partnership with St Paul's. As part of this project, we are hoping to launch a new indoor bowling activity (depending on funding coming through for the equipment – we are due to hear imminently). We will be working closely with Whitnash short mat bowls club to deliver this service.</p>
<p>Equality of access</p> <ul style="list-style-type: none"> <li>• How will you ensure that your project is open to all or, if you are focusing on a specific group or community that the target audience will have access to the project?</li> </ul>	<p>All Gap Goldies activities are open to any over 60's older adult. We keep our activities as low-cost as possible to ensure no one is financially excluded, and most activities which do not include a lunch, are priced at a recommended donation of £2. However, we will never turn someone away if they cannot afford to pay. We are aware that older men are more difficult to reach and so we are expecting to launch indoor bowling to try and attract more elderly men to join in.</p>
<p>What economic or community-based need does your grant aim to fulfil?</p>	<p>The Gap Goldies Winter Warmer Companionship and Support Project is fulfilling the need to help end loneliness, and social and financial isolation, during the loneliest months of the year when the nights draw in, which impacts elderly people's mental health, physical health, and quality of life, and consequently puts a strain on GP's and public health services.</p> <p>By providing the Gap Goldies project we are helping older people become better connected to each other, creating a peer support network, which they can also fall back on outside of The Gap by phoning each other and doing things socially together. This is in line with our belief that "people are better together, and when people feel they belong, are valued, and are part of something, Warwick is a happier place to be," and works towards our vision, "A vibrant, happy community filled with respect, compassion, and confidence, where aspirations are realised, and friendships thrive."</p>

What age group(s) will benefit from the project?	Tick/indicate all that apply: <input type="checkbox"/> 0-8 <input type="checkbox"/> 9-14 <input type="checkbox"/> 15-24 <input type="checkbox"/> 25-35 <input type="checkbox"/> 36-50 <input checked="" type="checkbox"/> 51-65 <input checked="" type="checkbox"/> 66+
How will it be monitored for success?	Our project outcomes are: reduced social isolation and loneliness, improved physical health and mobility, improved mental health and wellbeing, and a better quality of life.  We will measure our outcomes by recording activity attendances on an online CRM application called Upshot, by direct beneficiary feedback from questionnaires and comments during activities, and by observation and feedback from sessions by our Older Adults Activities Assistants.

<b>Section 4: Financial Details</b>															
How much money are you requesting from Warwick Town Council?	Total amount applied for £2,935														
Please provide a simple itemised breakdown of how this money will be spent.	<table border="1"> <thead> <tr> <th data-bbox="662 1108 1268 1153">ITEM</th> <th data-bbox="1268 1108 1495 1153">COST</th> </tr> </thead> <tbody> <tr> <td data-bbox="662 1153 1268 1288"><b>Salaries 20% contribution – Older Adults Activities Coordinator, Older Adults Activities Assistant 1, Cook</b></td> <td data-bbox="1268 1153 1495 1288"><b>£1,903</b></td> </tr> <tr> <td data-bbox="662 1288 1268 1344"><b>Refreshments</b></td> <td data-bbox="1268 1288 1495 1344"><b>£120</b></td> </tr> <tr> <td data-bbox="662 1344 1268 1400"><b>Seated exercise teacher</b></td> <td data-bbox="1268 1344 1495 1400"><b>£480</b></td> </tr> <tr> <td data-bbox="662 1400 1268 1456"><b>Room hire 25% contribution</b></td> <td data-bbox="1268 1400 1495 1456"><b>£432</b></td> </tr> <tr> <td data-bbox="662 1456 1268 1534"></td> <td data-bbox="1268 1456 1495 1534"></td> </tr> <tr> <td data-bbox="662 1534 1268 1624"><b>TOTAL:</b></td> <td data-bbox="1268 1534 1495 1624"><b>£2,935</b></td> </tr> </tbody> </table>	ITEM	COST	<b>Salaries 20% contribution – Older Adults Activities Coordinator, Older Adults Activities Assistant 1, Cook</b>	<b>£1,903</b>	<b>Refreshments</b>	<b>£120</b>	<b>Seated exercise teacher</b>	<b>£480</b>	<b>Room hire 25% contribution</b>	<b>£432</b>			<b>TOTAL:</b>	<b>£2,935</b>
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Is this the total cost of the project?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No														
If no, please give details of funds raised or applied for from other partners, agencies, groups etc:	Other funds applied for/secured (including amount): <b>Older Adults Activities Assistant 2 – secured funding from Warwick Churches £2,880</b> <b>Application submitted to the Hedley Foundation £5,000 – pending</b>														

What is the total cost of the project / event?	Total cost £11,841
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<b>Section 5: Declarations</b>	
Signature of main contact person	
Date form completed	1/11/23

**The supporting Town Council must also complete section 6 to indicate their support and submitted at the same time as this completed application.**

<b>Section 6: Town Councillor Declarations</b>	
Name of Councillor supporting the project	Councillor Simon Pargeter
Have you been or will be actively involved in this project?	Yes
Does the application improve services for under 18's or the elderly?	Yes
Does the application include public involvement and offer equal opportunities?	Yes
Does the application cover a deprived area in Warwick?	Yes
Has the group previously applied for funding from Warwick Town Council? If yes, please give details of their previous applications (dates, amount requested, projects/ events)	Yes 17/8/23 Successful application for funding for a Defrillator from CIL Fund £1,803.20 11/4/22 Successful application to the Community Fund for a contribution towards an extension of The Gap's office space £3,000
Why do you feel Warwick Town Council should support this application?	This project is part of the social prescribing solution to help reduce loneliness and social isolation amongst elderly people in Warwick during the hardest Winter months, helping towards supporting public health and reducing the pressure on public health services.

I support this grant application and will attend the upcoming Committee Meeting [of the Economic and Tourism Committee on Thursday 16<sup>th</sup> November 2023] to represent this application and answer any questions that may arise

Simon Parfeta

Name of Councillor

[Signature]

Signature

2-11-2023

Date

Completed forms and any supplementary sheets should be sent to:  
Warwick Town Council, The Court House, Jury Street, Warwick, CV34 4EW.  
Electronic copies can be sent to: [jaynetopham@warwicktowncouncil.org.uk](mailto:jaynetopham@warwicktowncouncil.org.uk)